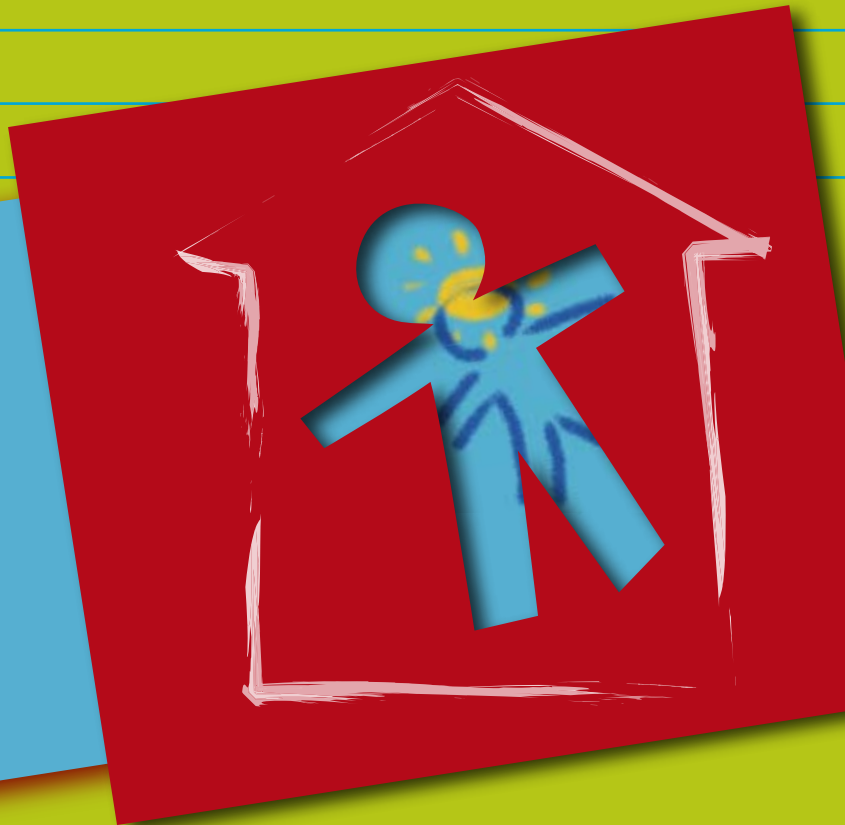
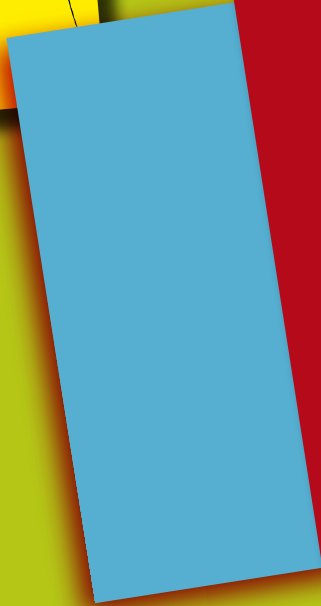


# Welcome and Support Guide



Psychosocial Services for  
Family, Child and Youth  
Services Clients

Centre de santé et de services sociaux  
de Laval

## Who are we?

The Family, Child and Youth Services team is there to provide children and families in Laval with a wide range of necessary promotion, prevention, treatment and rehabilitation services for the optimal development of youth and their families.

## What do we have to offer?

Help and support for individuals, families or groups provided to children and to their parents who have psychosocial problems. Our interventions are intended to prevent the deterioration of a situation and to reduce difficulties faced, such as:

- parent-child conflict;
- behavioural problems;
- developmental problems;
- social adaptation problems.

## How?

- First, a professional will contact you to thoroughly evaluate your current situation;
- You and the professional will together establish:
  - an intervention plan according to your needs and goals;
  - the frequency, location and duration of the sessions (maximum of 12 sessions).

## What will be your contribution?

- Your attendance at the sessions and your active participation are necessary to reach your goals and carry out the intervention plan.
- If you will be absent for an appointment, please give 24 hours notice to arrange another session.
- For children under 14 years, your consent is required.

## Questions?

For additional information, please contact your practitioner or, in case of emergency, contact the CSSS Laval general access phone:

Telephone: 450-622-5110 ext. 4922

Fax: 450-622-7715

## Hours of operation

Monday to Friday from 8:00 a.m. to 8:00 p.m.

Saturday, Sunday and holidays from 9:00 a.m. to 5:00 p.m.

Whenever necessary, you may contact the Laval Health and Social Services Centre which will certainly assist you.